## **ABSTRACT**

A method of incentivising members of a disease management programme to comply with the programme by splitting the programme into general programme areas and specific programme areas. The general programme areas are relevant to all of the diseases with which members of the programme are stricken while the specific programme areas are only relevant to some disease managed by the programme. Members of the programme are awarded points for taking part in and achieving certain levels within all of the general programme areas and within the specific programme areas associated with the disease with which they are stricken. The points are accumulated and members are rewarded if their points reach a predetermined level. Furthermore, bonus points are awarded to the members for achieving certain levels in all of the programme areas associated with their disease.